A learning chasm is a permanent "I don't get it" (IDGI) learning glitch! Nothing happens inside of us and it might make us feel stupid! It's frustrating because we want to learn but instead we can feel alone, and embarrassed because everyone else is learning.

Hard learning ("I don't get it") can feel bad
Easy Learning can feel good

BUT

WE CAN RUN AWAY or IF WE WANT TO LEARN, WE LOOK FOR OTHERS WAYS TO GET AWAY FROM THAT BAD FEELING (the chasm) BY SEEKING

Which INVOLVES

Perseverance: "Not giving up"
Flexibility: "Looking for learning options"

which LEADS TO

RESILIENCE
THE CAPACITY TO HANG IN THERE & TRY SOMETHING ELSE

LD/LG can mean some learning is easy and some learning is very hard

We feel confident when learning is easy

Myrna Orenstein, Ph.D.
smartbutstuck.com
Evanston 847 328 3060